Col. Brenda Dietzman (Ret)

Col. Brenda Dietzman (Ret) is a retired under-sheriff who has more than 28 years of law enforcement and corrections experience. She provides evidence-based training solutions and inspiring presentations for both individual and organizational improvement. She has presented at numerous national, state, and local events as well as for international audiences. Her areas of expertise include resilience, leadership, developing women leaders and leading generations. She is a nationally certified IADLEST instructor.

Her approach includes deep dives into *the why* behind issues with the thought that if someone understands that they can better address the problem. Her goal for every presentation is that attendees leave with a better understanding and actionable items they can employ immediately.

On the topic of resilience, she discusses why it is healthy to build resilience before trauma and adversity happen to prevent what was once thought to be the inevitable adverse side effects of our profession. She takes the stance that we can prepare for, cope with, and grow through adversity. She lays out a road map that can help people be healthy and resilient for the rest of their lives.

She also understands the unique challenges of recruiting and retaining women in law enforcement. Having been promoted up through the ranks she understands how hurdles, some of which are self-imposed, can prevent the recruitment, retention, and promotion of women within the law enforcement profession. She helps people understand the reason behind this as well as how to overcome the hurdles.

Her leadership classes take a unique approach on a subject that is well covered. First, she discusses things she learned throughout her career as a leader and gives people the Cliff Note version of leadership. Practical advice and tips that literally can be used in a leader's day to day life. She also teaches on executive skills that include: time, inbox, and information management, how to conduct meetings, and other topics that will make leaders more effective and efficient.

She also presents on generations and discusses how to recruit, retain, and develop them into the leaders we need. This research-based course helps law enforcement leaders understand what truly motivates them and how we can develop a workplace where they will not only stay but thrive.

In 2019, Col. Dietzman retired from the Sedgwick County Sheriff's Office in Wichita, Kansas as the under-sheriff in charge of jail operations. She oversaw two facilities with a total population of 1400+ inmates, 300+ employees and a \$33 million budget. During her time in law enforcement, she also served as the captain in charge of the Patrol Division and the Judicial Division, a lieutenant in both the Patrol Division and the Special Project Unit, a Community Policing sergeant, detective, and a road patrol deputy.

During her career, she was awarded two bronze medals of Meritorious Conduct, two bronze medals of Outstanding Service, and the Core Value Award from the Sedgwick County Sheriff's Office. Also, she was named the ASIS Officer of the Year, WCC Officer of the Year, Thomas Hopkins Post & Aux. Officer of the Year, Sedgwick County BOCC Chairman's Award Recipient, WCC Humanitarian of the Year, and the American Red Cross Volunteer of the Year.

She has a Bachelor of Science degree in Administration of Justice from Wichita State University. She enjoys traveling, photography, mountain biking, running, meditation and reading. She is married and has three rescue dogs.

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